

SCHOOL COUNSELING NEWS

Wamogo Regional High School



THE COUNSELING DEPARTMENT

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LETTER FROM THE COUNSELING OFFICE

Wamogo Regional High School Students and Parents,

Hello, and welcome to the 2018-2019 academic year! We hope you had a relaxing and enjoyable summer and are ready to join us for an amazing year.

This newsletter marks the first edition and issue of the Wamogo School Counseling Newsletter, a document that will be sent to students and parents quarterly, outlining various Counseling Department initiatives, events, and reminders.

Some of you, especially those new to Wamogo, may be wondering, what do our School Counselors actually do? School Counselors help students develop positively in academic, social/emotional, and college/career realms. They work alongside parents and families, teachers, administrators, and other support staff to assist students in reaching their full potential.

If students or parents have concerns regarding any of the topics listed above, they are encouraged to reach out to their School Counselor via the contact information listed in this newsletter.

We look forward to meeting you all, and hope to speak to you soon!

Sincerely,

Mrs. Spielman, Ms. Brousseau, Ms. McCormack, Mrs. Fernandes, and Mrs. Hart

COLLEGE REPRESENTATIVE VISITS

Throughout the Fall of the 2018-2019 academic year, representatives from regional colleges and universities will be visiting the Wamogo Counseling Office to meet with students and discuss opportunities specific to their institution.

Students may sign up for representative visits via their Naviance account. The steps are listed below:

1. Log in to Naviance Student
2. Scroll to the "What's New" section of the homepage, where upcoming representative visits are listed
3. Click on "More Info/Register"
4. Register for visit

SCHOLARSHIPS

Scholarships are open to students under the "Scholarships and Money" section of their Naviance accounts.

These scholarships, and their deadlines, are updated regularly, and students should check their Naviance accounts weekly to determine what scholarships are open to them.

YEARLY SNAPSHOT

Throughout the academic year, the Wamogo School Counseling Department implements its comprehensive curriculum via individual student and parent meetings, classroom lessons, assemblies, etc. Below is an overview of these activities throughout the course of the 2018-2019 school year.

Event	Date	Type	Grades
Move-In Night	August 27, 2018	Individual meetings with students/parents	9-12
Senior Parent Breakfast	September 14, 2018 8:00 AM	Group lesson with parents	12
College Planning Lessons	September 10-14	Classroom lessons in English classes	12
Senior Future Planning Meetings	September to November	Individual meetings with students/parents	12
College Representative Visits	September to November	Group meetings with students	10-12
PSAT 9, PSAT 10, PSAT NMSQT	Wednesday, October 10	Grade-level activity	9-11
Financial Aid Night	Wednesday, October 17 6:30 PM	Group lesson for students/parents	9-12
ASVAB Exam	November (Date TBD)	Optional exam	9-12
Freshman Parent Meetings	January to March	Individual meetings with students/parents	9
X2Vol Community Service Lessons	January (Dates TBD)	Classroom lessons in science classes	9
PSAT Results and Review Lessons	December to January (Dates TBD)	Classroom lessons in English classes	9-11
Course Registration Presentations	January (Date TBD)	Grade-level assemblies	9-11
Career Interest Profiler Lessons	February (Dates TBD)	Classroom lessons in English classes	10
Junior Future Planning Meetings	February to May	Individual meetings with students/parents	11
AgEd Registration Night	February (Dates TBD)	Assembly with students/parents	8
College Fair	March (Date TBD)	Grade-level activity	10-12
NCAA Night	March (Date TBD)	Group lesson with students/parents	9-12
SAT School Day (SAT, PSAT NMSQT, PSAT 10, PSAT 9)	March (Date TBD)	Grade-level activity	9-11
Hartford National College Fair	March (Date TBD)	Optional trip	9-12
Financial Planning Night	April (Date TBD)	Group lesson with students/parents	9-12
ASVAB	April (Date TBD)	Optional exam	9-12

SAT DATES

Upcoming SAT Test Dates and Registration Deadlines:

Test: November 3rd, 2018

Registration Deadline: October 5th, 2018

Test: December 1st, 2018

Registration Deadline: November 2, 2018

NAVIANCE

Throughout the year, School Counselors assist students in accessing their Naviance accounts and completing tasks related to college admissions, community service, and more.

All students and parents have been assigned a username and password. Naviance accounts can be accessed at:

student.naviance.com/wamogo

TEST ADMINISTRATION

On Wednesday, October 10th students in grades 9-11 will be participating in the Fall's PSAT examination. This purpose of this test is to allow students exposure to the types of questions and concepts found on the SAT, and to give them a baseline score from which they can better prepare for the SAT.

COLLEGE ADMISSIONS TIMELINE

During the upcoming Senior Parent Breakfast and individual student/parent meetings, the School Counselors will be presenting information regarding the college applications and admissions process. Below is a timeline of this process as it will occur during the 2018-2019 academic year.



September

- Choose your four+ reach, target, and safety schools
- Determine the application requirements for your schools
- Start your applications and application essays

October

- Complete the FAFSA – open October 1st
- Request letters of recommendation from two (2) teachers
- Complete the CSS Profile if required by any of your schools
- Take any October tests needed and have score reports sent to your schools
- Work on your applications – some schools have deadlines as early as late October!

November

- Work on your applications
- Complete and submit a Transcript Request Form in order for each school to receive an official transcript

December

- Submit your applications

January

- Submit any remaining college applications

March/April

- Colleges will let you know about their offers of admission and financial aid rewards
- Weigh all factors and use your judgment to choose the college that will be your best fit academically, socially, and financially